



Parent University-Effingham (09-23-2017)

Name: _____

Gender: Female _____ Male _____ Ethnicity: _____

AGE: 17 to 18 _____ 18 to 30: _____ 31 to 59: _____ 60 and above: _____

Please list school(s) your children attend.

Name: _____ Grade: _____ School: _____

Name: _____ Grade: _____ School: _____

Name: _____ Grade: _____ School: _____

Name: _____ Grade: _____ School: _____

Session Schedule

1st Session: 9:50 – 10:50

2nd Session: 11:00 – 12:00

3rd Session: 12:10 – 1:10

*CORE Classes are offered to teach, inform, update or clarify specific subject matter relevant to the home, school and community. The intent of CORE classes is to improve student achievement and strengthen the family unit. Shaded areas indicate class not offered.

Choose Sessions Here			*CORE	Credits	Classes Offered & Description (Subject to change)
1 st	2 nd	3 rd			
<i>For attendees arriving by 9:00 a.m.</i>			*	3	9:00-9:45 Graduation & General Session
3 hour session			*	6	CPR Certification Class Only - (All day session) Limited to 20 participants on a “First Come, First Served” basis. This training will provide information and skills needed to perform CPR during many emergency situations. NOTE: First Aid Certification Class will be offered at the Winter Session on February 10, 2018. (Sessions I, II, & III)
1 st	2 nd	3 rd	*	2	Managing Behavior through Positive Discipline – This interactive session is designed to help parents manage behavior through positive discipline techniques. Tips will be provided that will set you on the path to better behavior and a stronger, more peaceful connection with your child. (Sessions I & III)
1 st	2 nd	3 rd	*	2	Red Ribbon Week Awareness – Drug Prevention Program – Each year ALL schools in Effingham celebrate Red Ribbon Week by wearing red ribbons and participating in other drug prevention activities. Have you ever wondered WHY? Come and hear the answer and learn how you can help your child stay drug free. (Session III)
1 st	2 nd	3 rd	*	2	Effingham Health TELEMED – School-Based Healthcare for Children - Participants will be provided information about the newly launched telemedicine pilot program at Guyton and Springfield Elementary Schools that is designed to keep children healthy, in school and ready to learn. (Session I)
1 st	2 nd	3 rd	*	2	From Trash to Treasure: Making Easy Items to Avoid Homework Headaches! This make-and-take workshop allows parents to use common household items to create resources and learn strategies for organizing time, materials, and mental effort at home to decrease stress and enhance learning. (Session II)
1 st	2 nd	3 rd	*	4	Tour of EEMA (Hurricane Preparedness – Be Ready Before the Storm!) - Session II and Session III – Come and take a tour of Effingham County Emergency Management Agency to see first-hand the preparation Effingham County has made to safeguard its citizens against hurricanes and other disasters that affect our area and learn how to prepare and act during storms and hurricanes. Limited Bus Seating on a “First Come, First Served” basis. (Sessions II & III)
1 st	2 nd	3 rd	*	2	Basic Computer Training for Beginners – If you are afraid of the computer; if you think that the computer and the internet is not for you; if you think you are too old or computer illiterate to use it; or if you have never used a computer or the internet, this class is for you! This session will guide you step-by-step through the very basics as turning on the computer, using the mouse and keyboard through using the internet and sending emails. Limited to 15 participants on a “First Come, First Served” basis. (Sessions II & III)